

Sunday, July 7

Travel Day to Memphis, TN

2 PM- Check into Hyatt Centric Beale Street

3 PM- General Welcome Session hosted by Joshua (Ballroom)

4 PM- 5:30 PM- ROCKS Rehearsal #1 with Jeff Dokken

6 PM- Opening Night Dinner at Hotel

Evening- Cocktail Reception at Rooftop Bar (Cash Bar and Performance by Brandon Cunning, local performer)

REST!

Monday, July 8

8 AM- Breakfast at Hotel

9 AM- Workshop/Moving and Stretching with Creative Aging

10 AM- 11:30 AM- Rehearsal # 2 with Jeff Dokken

12 PM- Lunch at Hotel

1-2:30 PM- Rehearsal # 3 with Jeff Dokken

3-5 PM- Civil Rights Museum Group Tour

5:30-7:30 Dinner on your own

7:30 PM- Rock Trivia with Jeff Dokken

Tuesday, July 9

8 AM- Breakfast at Hotel

9 AM- Workshop/Moving and Stretching with Creative Aging

10-11:30- Rehearsal #4 with Jeff Dokken

12 PM- Lunch at Hotel

1 PM- Leave for Graceland

1:30-5:30- Graceland Tour Experience

5:30-7 PM- Dinner at Graceland (Vernon's Smokehouse OR Gladys's Diner)

7:30- Free Evening on Beale Street

Wednesday, July 10th

8 AM- Breakfast at Hotel

9 AM- Workshop/Moving and Stretching with Creative Aging

10-11:30- Sun Studio Group Tour (½ Group Flip)

12 PM- Lunch at Hotel

1:30-3- Rehearsal #5 with Jeff Dokken

3:30-5- Rock N Soul Musuem Group Tour (½ Group Flip)

5:30-7:30- Dinner on your Own

7:30- Evening Activity or Performance

Memphis Brooks Musuem of Art and Overton Park Shell Tour

Thursday, July 11th

8 AM- Breakfast at Hotel

9 AM- Workshop/Moving and Stretching

10-11:30- Rehearsal #6 with Jeff Dokken

12 PM- Lunch at Hotel

1 PM- Leave for Graceland

1:30-2:30- Set up and Rehearsal at Graceland

2:30- Final Concert at Graceland

3:30 PM- Travel back to Hotel and Head Home